New Washington State ND CE Rules

and

ConsultDrA / DrA-Academy and AAMP CE Offerings

Based on WAC 246-836-080 (Effective January 1, 2021) Continuing competency program.

"Each licensed naturopathic physician must complete sixty hours of continuing education every two years."

CATEGORY	HOURS	MAXIMUM	WHO CAN	NOTE:
	REQUIRED	CREDITS	ACCREDIT	(SEE BELOW)
		ALLOWED		
Cat-1	20	60	ND Groups	[2]
Cat-2	0 - 40	40	Other	[3]
			Professions	
Cat-3	0	5	Any not in 1 or 2	
PHARMACOLOGY			Cat 1 or Cat-2	[1]
PRE-RECORDED				See
Cat-1				"Definitions"
Cat-2				
Cat-3				

FOR CONSULTDRA.COM:

- Accredited by AANP so Cat-1 applies
- If the ND listens live no exam is needed
- If prerecorded there will be a required exam to complete online to get your CE

DRA-ACADEMY.COM:

- All CE are AANP accredited AND have an exam so Cat-1 "prerecorded" CE applies

FOR AAMP LIVE CONFERENCES:

- We are accredited by AMA (ACCME) and SCNM so either Cat-1 or Cat-2 applies

Definitions and restrictions:

Cat-1 or Cat-2: "Live-attended, both in-person and remote-attendance" <u>can be up to the</u> <u>maximum allowed hours and require NO exam questions.</u>

Cat-1 or Cat-2: <u>Prerecorded presentations with exam questions may be claimed up to the total</u> <u>allowed hours</u>

"Prerecorded education meeting the requirement in (a)(i) of this subsection related to the naturopathic scope of practice in this state. To qualify for credit under this section the course must require the licensee to pass an examination in order to complete the course."

Cat-3: Almost anything else.

"A licensee may claim up to a maximum of five hours over two years in this category. Category 3 credit hours and activities include: (i) Online study not otherwise specified above"

Topic areas included: "licensees may only claim those hours that have content consistent with naturopathic scope of practice in this state."

NOTE – 1: <u>Pharmacology minimum 15 hours per two years from Cat-1 or Cat-2 (Note</u> <u>ConsultDrA and DrA-Academy are AANP Pharmacology credit so they apply to Cat-1 Pharm and</u> <u>AAMP Pharmacology credit are dual accredited by AMA (ACCME) and SCNM they also apply to</u> <u>Cat-1 or 2 pharmacology).</u>

Examples of eligible pharmacology course content include: (a) Legend substances as defined in RCW 69.41.010; (b) Controlled substances in chapter 69.50 RCW; (c) Biopharmacology, which is the study of medicinal or drug products manufactured in, extracted from, or semi-synthesized from biological sources; (d) Pharmacognosy, which is the study of medicinal drugs derived from plants or other natural sources; (e) Contraindications or interactions of drug-to-drug, drug-to herb, or drug-to-nutrient;

NOTE-2 *Cat-1 are ND based accreditors:

(A) American Association of Naturopathic Physicians (AANP); (B) Washington Association of Naturopathic Physicians (WANP); (C) North American Naturopathic Continuing Education Accreditation Council (NANCEAC) through the Federation of Naturopathic Medicine Regulatory Authorities (FNMRA); or (D) [ND Schools] Naturopathic medicine academic institutions and scholarly organizations approved by the board according to WAC 246-836-150.

"Category 1. A licensee is required to obtain a minimum of twenty hours over two years in this category; however, all sixty hours may be earned in this category."

NOTE – 3 *Cat-2 are MD, or other health professions.

(A) The accreditation council for continuing medical education (ACCME); (B) The American Nurses Credentialing Center (ANCC); or (C) The accreditation council for pharmacy education (ACPE).

Teaching (at 1 CE per week of teaching).

Peer reviewed publication (up to 10 hours).

*For more detail consult the WAC.