Upon enactment of this process
Cat-1 "yes" will be legal to
compound and "no" illegal to
compound; Cat-2 are
immediately illegal; Cat-3 will all
immediately be illegal to
compound. — 310 substances
total with 16 "approved" and 18
left to be heard.

#### Category-1

FINDINGS TO DATE FROM THE 503 HEARINGS (53 OF 68) Yes:

- Alpha Lipoic Acid (ORAL ONLY)
- 2) brilliant Blue G
- 3) cantharidin
- 4) Coenzyme Q10 (Oral)
- 5) Creatine, Monohydrate (Oral)
- 6) diphenylcyclopropenone
- 7) diphenylcyclopropenone (DPCP)( topical use)
- 8) DMPS
- 9) glutaraldehyde for topical use
- 10) glycolic acid for topical use
- 11) pyruvic acid for topical use
- 12) Pyridoxal 5-Phosphate Monohydrate (Oral or IV)
- 13) squaric acid dibutyl ester
- 14) tea tree oil
- 15) thymol iodine
- 16) trichloroacetic acid for topical use

#### No:

- 1) acetyl-L-carnitine
- 2) alanyl-L-glutamine
- 3) Aloe Vera freeze dried 200:1
- 4) artemisinin
- 5) boswellia
- 6) chondroitin sulfate for topical use
- 7) chrysin
- 8) curcumin
- 9) D-ribose
- 10) deoxy-D-glucose
- 11) dichloroacetate (DCA)

- 12) diindolylmethane
- 13) glycyrrhizin
- 14) kojic acid
- 15) methylsulfonylmethane (MSM)
- 16) nettle
- 17) N-acetyl-D-glucosamine
- 18) nicotinamide adenine dinucleotide (NAD)
- 19) nicotinamide adenine dinucleotide disodium (NADH)
- 20) oxitriptan (listed for denial in the 12/16/2016 NPRM)
- 21) piracetam (listed for denial in the 12/16/2016 NPRM)
- 22) Quercetin
- 23) quinacrine hydrochloride
- 24) rubidium chloride
- 25) silver protein mild
- 26) tranilast
- 27) ubiquionol
- 28) vanadyl sulfate
- 29) vasoactive intestinal peptide

#### **Awaiting Hearings:**

- 1. 7-Keto-DHEA
- 2. Acetyl Glucosamine
- 3. ["TM"] Ammonium Tetrathiomolybdate
- 4. Beta Glucan (1,3/1,4-D)
- 5. Bromelain
- 6. Capsaicin palmitate
- 7. Cetyl Myristoleate
- 8. Choline Chloride
- 9. EGCG
- 10. Ferric Subsulfate
- 11. Glutathione
- 12. Glycoaminoglycans
- 13. L-Citrulline
- 14. Methylcobalamin
- 15. Ornithine Hydrochloride
- 16. Phosphatidylserine
- 17. Pregnenolone
- 18. Resveratrol

#### **Category-2**

NOTE: THESE ARE IMMEDIATELY ILLEGAL TO COMPOUND Updated May 1, 2017 503A Category 2: Bulk Drug Substances that Raise "Significant Safety Risks"

- 1. Cesium chloride
- 2. Domperidone
- 3. Quinacrine Hydrochloride for intrauterine administration
- 4. Germanium Sesquioxide

Category-3
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**NOTE: THESE ARE JUDGED NOT WORTHY OF A HEARING AND WILL BECOME ILLEGAL TO COMPOUND AUTOMATICALLY (255)** 503A Category 3: Bulk Drug

**Substances Nominated Without** 

**Adequate Support** 

1. Acetanilide

2. Acidophilus Lactobacillus

3. Adenosine-5-triphosphate

disodium salt

4. Alcloxa 5. Aldioxa

6. Aldosterone

7. Alfalfa

8. Alfalfa leaves

9. Almadrate sulfate

10. Aloin

11. Alpha Ketoglutaric acid

12. Alumina Powder, hydrated

13. Aluminum phosphate

14. Aminacrine Hydrochloride

15. Ammonium bromide

16. Ammonium hydroxide

17. Anise seed

18. Argentyn

19. Aromatic powder

20. Asafetida

21. Asclepias tuberosa

22. Asefetida Tincture

23. Asparagus

24. Aspergillus oryza enzymes

25. Barosma

26. Beechwood creosote

27. Bean

28. Betamechlomathasone

29. Beta-Nicotinamide Adenine

Dinucleotide Disodium Salt Trihydrate 73. L-Ornithin Hydrochloride

30. Bichloroacetic Acid

31. Calcium Folinate

32. Calcium Glycinate

33. Carbazochrome

34. Carbimazole

35. Cedarwood Essential Oil

36. Chlorhexidine Diacetate Hydrate

37. Choline bitartrate

38. Choline magnesium trisalicylate

39. Chromium glycinate

40. Coenzyme Q50

41. Copper

42. Copper Bisglycinate

43. Copper Hydrosol

44. Decylmethylsulfoxide

45. Diaminopyridine (3,4-)

46. Dichloroacetic acid

47. Dimethyl Ketone

48. Dimethylaminoethanol Bitartrate

49. Dimethylglycine Hydrochloride

50. Dinitrochlorobenzene

51. Disodium Phosphate

52. Edetate tetrasodium tetrahydrate

53. Gamma Aminobutyric Acid

54. GHRP-2

55. GHRP-6

56. Ginger root powder

57. Ginkgo Biloba Standardized Extract

58. Gluconic acid calcium salt

59. Glycerol Formal

60. Glydiazinamide

61. Grape seed oil

62. Heart-leaf nettle leaf (Urtica chamaedryoides leaf)

63. Hyaluronic Acid Sodium Salt

64. Hydrazine sulfate

65. Indigo Carmine

66. Indole-3-carbinol

67. Inositol Hexanicotinate

68. Iron Glycinate Chelate

69. Karaya Gum

70. L-Carnosine

71. Levulose

72. L-Histidine

Monohydrochloride, Monohydrate

74. Magnesium ascorbate

75. Magnesium bisglycinate

76. Magnesium bisglycinate

77. Magnesium glycinate

78. Malt

79. Malt soup extract

80. Maltodextrin

dihydrate

81. Manganese Bisglycinate

82. Manganese citrate

83. m-cresol

5	03A of the Federal Food, Drug,	and Cos	metic Act – PS Anderson 09-201	
84.	Melatonin	127.	Ox bile	
85.	Menfegol	128.	Ox bile extract	
86.	Meralein sodium	129.	Oxyquinoline	
87.	Merbromin	130.	Padimate a	
88.	Mercufenol chloride	131.	Pambron	
89.	Mercuric chloride	132.	Pantothenic acid	
90.	Mercuric oxide	133.	Papaya enzymes	
91.	Mercuric salicylate	134.	Papaya, natural	
92.	Mercuric sulfide	135.	Para-chloromercuriphenol	
93.	Mercury	136.	Parethoxycaine	
94.	Mercury oleate	Hydrochloride		
95.	Mercury sulfide	137.	Parsley	
96.	Methapyrilene fumarate	138.	Passion flower extract	
97.	Methoxyphenamine	139.	Pennyroyal Oil	
98.	Hydrochloride	140.	Pentylenetetrazole	
99.	Methoxypolyoxyethylenegly	141.	Peppermint Oil and Sage Oil	
col		142.	Pepsin	
100.	350 laurate	143.	Peruvian balsam (Myroxylon	
101.	Methyl nicotinate	bal	samum var. pereirae balsam)	
102.	Methypyrilene	144.	Phenacaine Hydrochloride	
Hyd	rochloride	145.	Phenindamine Tartrate	
103.	Milk and molasses	146.	Phenolate sodium	
104.	milk solids, dried	147.	Phenolphthalein	
105.	Molasses	148.	Phenoxyacetic acid	
106.	Molybdenum Glycinate	149.	Phenyl salicyiate (Salol)	
107.	Monosodium L-Aspartate	150.	Phenyl salicylate	
108.	Mullein	151.	Phenyltoloxamine	
109.	Mustard oil	dih	ydrogen citrate	
(alltl	ishthiocyanate)	152.	Phenyltoloxamine	
110.	Mycozyme	Нус	drochloride	
111.	Myrrh gum tincture	153.	Phosphate fluoride	
112.	Myrrh tincture	154.	Phosphorated carbohydrate	
113.	Natural estrogenic hormone	155.	Phosphorus	
114.	Nickel-pectin	156.	Phytolacca	
115.	Non-Fat Dry Milk	157.	Picrotoxin	
116.	Nonylphenoxypoly	158.	Pimobendan	
(eth	yleneoxy)	159.	Pine tar	
117.	ethanol iodine	160.	Piperocaine Hydrochloride	
118.	Nonylphenoxypoly	161.	Pipsissewa	
none	oxynol 9	162.	Piracetam dihydrogen	
119.	Noscapine Hydrochloride	citr	rate	
120.	Nutmeg oil	163.	Piscidia erythrina	
121.	Nux vomica extract	164.	Plantago ovata husks	
122.	Obtundia	165.	Poloxamer-iodine complex	
123.	Octyl triazone	166.	Polydimethylsiloxane and	
124.	Oil of erigeron	pc	oloxamer	
125.	Organic vegetables	167. Polyols, liquid		
126.	Orthophosphoric acid	168.	Polyoxeythylene laurate	
169.	Potash Lye	171.	Potassium ferrocyanide	
170.	Potassium chlorate	172.	Potassium salicylate	

- 173. Povidone-vinylacetate copolymers
- 174. Prolase
- 175. Prune concentrate dehydrate
- 176. Prune powder
- 177. Psyllium
- 178. Psyllium hydrophillic mucilloid
- 179. P-T-butyl-m-cresol
- 180. Pyruvic aldehyde
- 181. Pyruvic Aldehyde 40%
  - Aqueous
- 182. Solution
- 183. Racephpedrine Hydrochloride
- 184. Red petrolatum
- 185. Reosote
- 186. Rhubarb fluid extract
- 187. Rhubarb, Chinese
- 188. Rice pollishings
- 189. Romohydrate
- 190. Sabadilla, alkaloids
- 191. Sage oil
- 192. Salicyl alcohol
- 193. Sanguinaria extract
- 194. Saw palmetto
- 195. Scopolamine aminoxide
- 196. Hydrobromide
- 197. Sea mineral
- 198. Senecio aureus
- 199. Senna syrup
- 200. Serotonin Hydrochloride
- 201. Sesame Seed
- 202. Shark liver oil
- 203. Short Chain Fatty Acid
- 204. Silver (see also argentyn)
- 205. Silver, colloidal
- 206. Sodium 3, 4-

dimethylphenyl- glyoxylate

- 207. Sodium acetylsalicylate
- 208. Sodium aluminum chlorohydroxy lactate
- 209. Sodium aspartate
- 210. Sodium biphosphate
- 211. Sodium bisulfate
- 212. Sodium borate monohydrate
- 213. Sodium caseinate

- 214. Sodium diacetate
- 215. Sodium dichromate
- 216. Sodium dihydrogen phosphate monohydrate
- 217. Sodium nitrate
- 218. Sodium octanoate
- 219. Sodium oleate
- 220. Sodium para-amino

#### benzoate

- 221. Sodium perborate
- 222. Sodium perborate

#### monohydrate

- 223. Sodium phosphate
- 224. Sodium potassium tartrate
- 225. Sols, secondary
- 226. Soy meal
- 227. Soybean protein
- 228. Squill preparations

- 229. Triple dye
- 230. Triticum
- 231. Turpentine Oil
- 232. Turpentine, Venice
- 233. Uinolinium bromide
- 234. Ulose
- 235. Uva ursi, extract of
- 236. Valic acid
- 237. Vitamin A acetate
- 238. Vitromersol
- 239. Wheat germ
- 240. Wheat germ (triticum aestivum/vulgare extract)
- 241. White ointment
- 242. Woodruff
- 243. Yeast
- 244. Yeast cell derivative
- 245. Yellow mercuric oxide
- 246. Zinc caprylate
- 247. Zinc citrate
- 248. Zinc phenol sulfonate
- 249. Zinc picolinate
- 250. Zinc propionate
- 251. Zinc sulfide
- 252. Zirconium oxide
- 253. Zyloxin

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#### FDA 503(A) Process update and questions:

#### **Dr. Paul Anderson 09-15-2018**

#### A few basics and Q&A are below:

- 1. This process affects compounding NOT supplement companies (who are in a different "food chain").
- 2. "Nutritional Supplements" have been reclassified by FDA (per their update on 09-12-2018) as ORAL DELIVERY ROUTE ONLY so can no longer be labeled for topical, suppository or other administration route.
- Compounding (which these lists affect) is the act of altering, mixing or in any way changing or combining substances under sections <785> (non-sterile i.e. Oral, Topical, Vaginal, Rectal etc.) products or <787> (sterile i.e. Ophthalmic, Nebulized / Respiratory, Parenteral (IV, IM, SQ...) products.
- 4. "Compounders" include any pharmacy AND any healthcare provider or healthcare facility (i.e. not just for pharmacists any more). \* See 5-B below.

- 5. So you the physician in regard to performing any sterile or non-sterile procedure fall under the FDA and State Board of Pharmacy regulations for <797> and <795>. This is a different set of rules, but directly affect this 503(A) process (since it makes you a "compounder"). ["traditional compounder", defined as a licensed pharmacist or licensed physician"]
  - a. I go into this in depth and provide a 23 page explanation with references and appendices on all this in either the CNDA or OANP webinars produced for this topic. https://stores.modularmarket.com/cnda/pw32-fda-usp-updates-for-sterile-products-in-the-physician-office-how-do-i-comply-p210.php
  - b. This is why the physician office has to have a cleanroom complying with Low-Risk or Medium-Risk compounding procedures, depending on the compounding you perform. (This is outlined in the webinars mentioned above as well). Ref: -- International Academy of Compounding Pharmacists. 2014. IACP Comparison of 503A and 503B The Drug Quality and Security Act of 2013 downloaded from: https://cdn.ymaws.com/www.iacprx.org/resource/resmgr/imported/IACP%20Comparis on%20DQSA%20503A%20and%20503B%2001202014.pdf
- 6. OF NOTE: The 503(B) process some believe will "save" all this (i.e. bulk compounding) is totally separate and at the moment has almost no regulation, so you 'may' obtain non patient specific drugs from them now but- it (503(B)) is actually only intended for emergency manufacture of certified drugs in shortage not simply making Glutathione or B12 for office use (which could disappear at any moment should they enforce the rules for 503(B) pharmacies.
- 7. AND: This process does NOT apply to any FDA APPROVED SUBSTANCE WITH A USP-NF MONOGRAPH. So you will not see some common drugs or nutrients on here as they are FDA approved already and have USP-NF monographs (such as Ascorbic Acid for Injection).
  - a. A USP-NF "dietary supplement" monograph specifically does NOT qualify for this process.
- 8. FINALLY: Category-2 is the only group illegal now. 1 & 3 are in a very tenuous "safe harbor" and so may be compounded (IF a pharmacy can locate raw material with a specific label "suitable for compounding" which many substances are \*mysteriously\* having removed which is why you cannot get some things anyway.)

#### This question is an excellent one to make explanatory comment on:

"I have been following this but now I am confused. Is the below list regarding IV only? [COMMENT: No, see bullet #3 above] And I don't see things we use, most of us on a daily basis including IM such as..." [See commentary below:]

- B12: Cyano and Hydroxo forms are FDA/USP approved drugs. They are exempt. Methyl B-12 is not approved, see awaiting hearings #14 below.
- Amino Acids: Mixed AA like FreeAmine, Aminosyn etc. are FDA-USP approved drugs. Some single amino acids are approved in one form and not another (i.e. I-cysteine is as is NAC)

- Calcium: Calcium Gluconate and Chloride are FDA-USP approved drugs so exempt but #31&32 in Cat-3 below are unapproved and as they are on Cat-3 <u>never will even have a hearing</u>. So they are "automatically illegal".
- Magnesium: Chloride and Sulfate forms are FDA-USP approved (so exempt) but # 74-77 on Cat-3 below Magnesium ascorbate, Magnesium bisglycinate, Magnesium bisglycinate dehydrate, Magnesium glycinate are not (so never a chance to be available).
- B5: Dexpanthenol injection is FDA-USP approved BUT Pantothenic acid #132 on Cat-3 below is not and will not have a hearing. So if your patient needs a plain B5 injection compounded without dexpanthenol preservative it would be illegal to possess or compound.
- B6: Pyridoxine is FDA-USP approved. P5P was approved for all routes of administration on 09-12-18 (#12, Cat-1 "yes" list).
- Selenium: Selenium injection is FDA-USP approved.
- NS: NS, D5, .45NS LR etc. are all FDA-USP approved
- MIC: Each ingredient would need to be approved. Methionine and Inositol have USP-NF monographs so are exempt. Choline only has a "dietary supplement" USP monograph (see bullet '7a' above so it is up for hearing (#8 on Cat-1 "Awaiting Hearings" below). If it is not approved it cannot be included.
- "WHEN WILL THIS BE ENACTED?" I have asked every insider and expert and nobody knows.
   Guesses include anywhere from January 2019 (unlikely) to three years. Nobody knows, and FDFA won't tell.
- FINALLY: ANYTHING not on the "approved list" and not FDA-USP approved will be illegal to compound even if it isn't on Cat 1, 2 or 3 as unapproved. So if your favorite bulk substance to compound isn't on any list (and not already FDA-USP approved) it's automatically illegal to compound as soon as this is enacted.